



450.000.000 DIABETICS TYP 2 WORLDWIDE!
Every minute, a diabetic patient is operated on the leg!
50 percent of them die one year after the procedure.

CALVES.FITNESS

"BURNING PHASE FOR CALVES"

It took me three months to contract the calf muscle, because I walked for 30 years as the head waiter, which everyone can count on. Normal training with 30 repetitions plus weights were not enough for me! A training partner needed to get into the burning phase, the muscles by cytochromes to demand the energy. The cytochrome is increasingly formed in the cell even before the mitochondrial count increases. The breakthrough came from the extra weight of my training partner and I felt the burning in my calves until I could not stand it anymore. We played the game four times and it was not easy. The following two days I could not walk anymore and years later I realized what had happened to me. I had defeated the "diabetes foot syndrome" until today "25 YEARS"!



YOUR ADVANTAGES

30 repetitions five times a day, from Monday to Friday.
Regenerate on Saturday and Sunday.

1. Through this training, your "DIABETES TYPE 2" will heal within a year if you are gone one hour before bedtime and have "WATER.ENERGY" in the house. Or "PH8" SOFTGEL
2. Through this training, your BAND DISC will regain fluidity when it dries and causes pain.
3. Through this training, blood flows back through your body and prevents back pain.
4. Through this training, you prevent CELLULITE, or dismantle it.
5. Through this training, the blood shoots through your body into the brain, preventing stroke and changing your facial features positively.
6. Through this training, you get curves (HUMPS) attractive in "high heels"
7. My motor skills have remained the same for 25 years!



„DIABETES IS HEALABLE AND LEG AMPUTATION AVOIDABLE“
Healthy woman drinking alkaline water for it's benefits.
„Ein Lipödem ist durch Waden-Training, bis in die Brennphase heilbar“





MY „UNBREAKABLE-IMMUNE-SYSTEM“

What do computers and muscles have in common?
Both remember! Your Key-Solution!



Since 10.2017 scientifically proven that muscles remember!
I remember the muscles since 1994! "PH8.COM.TR"

Willi Ehrlich 2020

2008: Amputations do not solve the problems

Chief Medical Officer W. Wenz warns against premature amputations in diabetics!

According to Dr. Wolfram Wenz, Senior Consultant in the field of Infantile Cerebral Palsy and Foot Deformity at the Orthopedic University Hospital Heidelberg, does not solve the amputation of limb measures the foot problem of diabetics and even in the elderly. On the contrary, the first amputation of a limb is often the beginning of the end.



In a lecture in front of colleagues from the clinic, he substantiated this thesis with impressive figures: Approx.

Thirty-six percent of diabetics die one year after the amputation, around half within three years and approximately 66 percent within five years. In 50 percent of the leg amputees had to be amputated on the other leg within the next four years. In addition, after thigh amputations, 50 percent of these patients end up in a nursing home, with lower leg amputees 30 percent are no longer able to walk. An improvement or alleviation of the situation of these patients could therefore not be said with a clear conscience. That's why you have to amputate less.

Advocates for increased therapy and limb-conserving surgeries

Dr. Above all, Wenz warned against the almost routine decisions on amputation in diabetics. Instead, he advocated increased therapy for diabetes mellitus and limb-preserving surgery, even if the causes can not be resolved. In his opinion, the number of 62,000 amputations annually in Germany, both in absolute terms and in comparison with other countries, is far too high. The main reason for the high amputation rate is diabetes mellitus, and this trend is increasing: In 2001, 29,000 diabetics were amputated in Germany, compared to 40,000 in 2003. Dr. Wenz: "This means that a diabetic is amputated every 13 minutes. I believe that 50 percent of these amputations can be avoided!" The latest figures are likely to be even higher, in line with the rising trend of recent years.

"Amputation does not reduce costs"

The number of diabetics living in Germany is estimated at seven to eight million. Every third person suffers from poorly supplied legs. About one million diabetics are at increased risk for open wounds, and about 250,000 already have an open foot injury. Dizzying heights have now reached the cost of treatment of diabetics, by the way, not only in Germany: In the US, the treatment of diabetic foot syndrome devoured about ten billion dollars.

In Germany, dr. According to Wenz, "out of sheer ignorance" often suggests that amputation would also minimize the costs of health care. This is a fundamental error. Especially in diabetics whose wounds healed badly, the adaptation of a prosthesis is a constant process, which of course can not be done for free. And the cost of prostheses and their maintenance also went into the thousands. "That's why it's important to me," Dr. Wenz, "sensitize all responsible persons and decision makers on amputations." Then perhaps other doctors would hear more often such beautiful sentences as that of the wife of a patient, who told him after the foot-holding operation of her husband: "He laughs again."

I have the solution of the Federal Republic

Germany and the European Union is prevented! I have the knowledge since 2013 when the War against me and my son over Amazon "Jeffrey Preston Bezos started!

